

3rd Annual - Belding 9-10 Meet

May 19, 2009

Weather - nice, low 70s, Wind WSW 10 MPH

Girls Results

1	Sparta	148
2	Kenowa Hills	122
3	Greenville	78
4	Belding	55
5	Cedar Springs	48
6	Calvin Christian	47
7	Comstock Park	0
8	NorthPoint	0
9	Grand River Prep	0

3200 relay

	name	school	
1	Sparta	Spartans	10:24.5
2	Greenville	Yellowjackets	10:37.9
3	Calvin Christian	Squires	11:10.3
4	Kenowa Hills	Knights	11:27.6

100 High Hurdles

	name	school	
1	Megan Heimbaugh	Sparta	17.2
2	Monica Kober	Sparta	17.9
3	Elizabeth Carpenter	Kenowa Hills	18.0
4	Sara Robinson	Kenowa Hills	18.2
5	Alyssa Krieger	Kenowa Hills	18.4
6	Taylor Barger	Belding	18.6
7	Lindsey Carson	Sparta	19.0
8	Amanda Tate	Belding	20.2
9	Haily Silvernail	Belding	21.6
10	Cassie Ingerson	Cedar Springs	23.2

100 Dash

	name	school	
1	Kelsey Blystone	Sparta	13.5
2	Alexa Hill	Belding	13.7
3	Rieley Anglin-Hondalus	Cedar Springs	13.9
4	Rhiannon Bowen	Belding	13.9
5	Tiffany Feirick	Sparta	14.0
6	Hailey Westenbroek	Kenowa Hills	14.5
7	Jackie Kastelz	Calvin Christian	14.7
8	Keiki Boelema	Greenville	14.7
9	Leah Nieboer	Kenowa Hills	15.0
10	Nicole McCarthy	Kenowa Hills	15.2
11	Marisol Olvera	Sparta	15.6

12 Dani Folkerstsma Calvin Christian 15.7

800 relay

name school

1	Sparta	Spartans	1:55.3
2	Belding	Redksins	1:57.9
3	Kenowa Hills	Knights	1:59.7

1600 run

name school

1	Allison Scheidel	Sparta	5:28.2
2	Allison VanPatten	Kenowa Hills	5:29.3
3	Macy Gilmore	Greenville	5:54.7
4	Kelsey Thomas	Sparta	6:06.8
5	Kara Trausch	Kenowa Hills	6:21.3
6	Claire Gill	Sparta	6:21.3
7	Kayla Ovokaitys	Cedar Springs	6:26.3
8	Lacey Kremers	Calvin Christian	6:39.1

400 relay

name school

1	Sparta	Spartans	53.7
2	Belding	Redskins	55.4
3	Calvin Christian	Squires	60.1
4	Kenowa Hills	Knights	62.7

400 dash

name school

1	Bailey Parmelee	Greenville	62.3
2	Rieley Anglin-Hondalus	Cedar Springs	62.8
3	Paige Urlaub	Sparta	63.2
4	Miranda Downing	Greenville	66.3
5	Leah Nieboer	Kenowa Hills	70.9
6	Jourdan Hubert	Sparta	71.4
7	Kayla Vredeveld	Kenowa Hills	73.3
8	Olivia Bundy	Kenowa Hills	73.8
9	Grace Thuo	Calvin Christian	75.4
10	Kamila Rounds	Sparta	78.0

300 hurdles

name school

1	Sara Robinson	Kenowa Hills	50.7
2	Monica Kober	Sparta	52.0
3	Jessica Disselkoen	Calvin Christian	52.1
4	Jill Klein	Sparta	52.7
5	Alyssa Krieger	Kenowa Hills	52.8
6	Taylor Barger	Belding	52.9
7	Elizabeth Carpenter	Kenowa Hills	54.1
8	Nicole Marker	Sparta	56.9

### 800 run

	name	school	
1	Lexi Conkey	Kenowa Hills	2:41.4
2	Audrey Kremers	Calvin Christian	2:43.1
3	Elin Thorlund	Greenville	2:45.2
4	Marissa Pellitier	Calvin Christian	2:48.4
5	Corynne LeBel	Belding	2:48.6
6	Brittany Welch	Sparta	2:51.0
7	Alyssa Kamyszek	Kenowa Hills	2:55.2
8	Stacy Lamb	Kenowa Hills	3:01.5

### 200 dash

	name	school	
1	Kelsey Blystone	Sparta	28.1
2	Bailey Parmelee	Greenville	28.4
3	Rieley Anglin-Hondalus	Cedar Springs	29.0
4	Rhiannon Bowen	Belding	29.4
5	Hailey Westenbroek	Kenowa Hills	30.0
6	Emily Koprowski	Kenowa Hills	31.3
7	Emily Dubicke	Sparta	31.4
8	Nicole Miller	Kenowa Hills	31.5
9	Jackie Kastelz	Calvin Christian	31.9
10	Emily Hurst	Sparta	32.0
11	Grace Thuo	Calvin Christian	33.5
12	Jamie Ring	Calvin Christian	35.4

### 3200 run

	name	school	
1	Allison VanPatten	Kenowa Hills	12:55.9
2	Macy Gilmore	Greenville	13:10.2
3	Kaitlyn Balderas	Sparta	14:02.0
4	Kara Trausch	Kenowa Hills	14:28.6

### 1600 relay

	name	school	
1	Sparta	Spartans	4:23.5
2	Calvin Christian	Squires	4:26.5
3	Kenowa Hills	Knights	4:35.6

### DISCUS

1	Amber TerHaar	Cedar Springs	107-00
2	Candice Schoenborn	Kenowa Hills	77-10
3	Julia Paulsen	Greenville	71-04
4	Heather Bannen	Greenville	68-00
5	Alyssa Kamyszek	Kenowa Hills	64-03
6	Courtney Marble	Sparta	62-09
7	Kendra Skinner	Greenville	56-10
8	Layne German	Belding	55-10

9	Makenzie Cook	Kenowa Hills	45-08
.	Leticia Balderas	Sparta	fouled
.	Amanda Tate	Belding	67-08 DQ

#### HIGH JUMP

1	Brooke Denham	Belding	4-10
2	Becca Kuipers	Calvin Christian	4-06
3	Olivia Bundy	Kenowa Hills	4-04
4	Haily Silvernail	Belding	4-02
.	Amy Smalley	Sparta	N/H

#### LONG JUMP

1	Bailey Parmelee	Greenville	15-03
2	Rieley Anglin-Hondalus	Cedar Springs	14-11
3	Rebecca Deboer	Sparta	14-01
4	Brooke Beuschel	Sparta	14-00.5
5	Nicole Miller	Kenowa Hills	13-11.5
6	Jackie Kastelz	Calvin Christian	13-09
7	Brooke Denham	Belding	13-08
8	Elizabeth Carpenter	Kenowa Hills	13-06.5
9	Alexa Hill	Belding	13-03
10	Haily Silvernail	Belding	13-01.25
11	Dani Folkerstsma	Calvin Christian	13-00.5
12	Madeleine Teliczan	Sparta	12-07.25
13	Keiki Boelema	Greenville	11-01.75
14	Kayla Ovokaitys	Cedar Springs	11-10
15	Cassie Ingerson	Cedar Springs	10-01.25

#### POLE VAULT

1	Elizabeth Carpenter	Kenowa Hills	10-03
2	Kelsey Thome	Sparta	7-06
3	Sara Robinson	Kenowa Hills	7-00
4	Nicole McCarthy	Kenowa Hills	7-00
.	Halley Love	Sparta	N/H

#### SHOT PUT

1	Amber TerHaar	Cedar Springs	31-08.25
2	Courtney Marble	Sparta	29-05.5
3	Heather Bannen	Greenville	25-03.25
4	Amanda Tate	Belding	24-09.25
5	Kendra Skinner	Greenville	22-11.5
6	Layne German	Belding	22-09.5
7	Julia Paulsen	Greenville	22-02.5
8	Candice Schoenborn	Kenowa Hills	21-05.25
9	Makenzie Cook	Kenowa Hills	20-11
10	Leticia Balderas	Sparta	20-08
11	Bri Herbstreit	Kenowa Hills	16-05