



### Pole Vault

<b>2007</b>	<b>Halley Love</b>	<b>8' 10"</b>
2007	Jessalyn Houck	8' 7"
2005	Lydia Reyburn	8' 1"
2002	Lisa Krupp	8' 0"
2002	Naomi Reyburn	8' 0"
2004	Chelsea Porter	8' 0"
2005	Stacey Dunnebeck	7' 6"
2005	Shelby Piper	7' 6"
2002	Kelsey Trimble	7' 6"
2010	Olivia Tilli	7' 6"
2010	Michaela Kaliniak	7' 6"
2010	Madi McCallum	7' 6"

### 3200 Run

<b>1986</b>	<b>Angie Thomas</b>	<b>12:05.5</b>
2008	Casey Wright	12:43.0
1998	Haleigh Thompson	12:56.17
2002	Jenna Wobma	12:59.0
2009	Alycia Wright	13:00.2
2000	Carrie Debski	13:04.0
2006	Emily Frederick	13:05.1
2003	Becca May	13:05.3
2003	Cassie Hill	13:17.0
2008	Alesha Reed	13:21.0

### 55 Meter Hurdles

<b>2008</b>	<b>Monica Kober</b>	<b>8.8</b>
-------------	---------------------	------------

2005	Kelsey Braford	8.9
2006	Andrea Kober	8.98
1998	Joy Matthews	9.06
2003	Jenn Konkle	9.1
2004	Chelsea Griffin	9.4
2007	Megan Heimbaugh	9.4
2002	Kami Cowden	9.48
1997	Jodi Bosscher	9.5
2004	Mallory Fuhst	9.5

### 800 Meter Run

<b>1986</b>	<b>Angie Thomas</b>	<b>2:27.0</b>
2006	Katelyn Cnossen	2:27.1
1995	Jill Matthews	2:34.8
2003	Ali Vanderlaan	2:34.9
2008	Karley Cnossen	2:35.0
2008	Jillian Steenwyk	2:37.0
1998	Jeannie Debski	2:39.3
1994	Hollie Ingnafol	2:39.9
2010	Brianna George	2:40.1
1999	Lindsey Wert	2:40.6

### 1600 Meter Run

<b>1985</b>	<b>Angie Thomas</b>	<b>5:26.9</b>
1998	Haleigh Thompson	5:49.98
1999	Kelly Carter	5:52.0
1997	Annice Hunter	5:56.3
2000	Sara Young	5:58.0

2006	Casey Trimble	5:58.9
2003	Chelsea Miller	6:01.8
2009	Serena Simons	6:03.2
2000	Brittany May	6:04.0
2003	Cassie Hill	6:05.0
1993	Shelby Bayes	6:05.0

#### 100 Meter Dash

<b>1992</b>	<b>Saren Gardner</b>	<b>12.8</b>
1980	Barb Matthews	13.3
2000	Heidi Momber	13.3
2002	Tomi Tompson	13.3
2003	Lindsey McKnight	13.32
2006	Chelsea Love	13.36
2006	Stephanie Hull	13.49
1996	Karina Shelton	13.5
2007	Kelsey Blystone	13.6
2008	Dani Saelens	13.6

#### 100 Low Hurdles

1976	Jackie Antor	15.0
1992	Tiffany Kimble	15.5

#### 400 Meter Dash

<b>2003</b>	<b>Lindsey McKnight</b>	<b>61.9</b>
2003	Megan Antor	63.9
2000	Caitlin Hoseth	63.9
2001	Kaleigh Russo	64.1
2010	Serena Simons	64.9

1994	Jamie Billman	65.9
1988	Deanna Mauer	65.9
2007	Halley Love	66.0
2002	Naomi Reyburn	66.0
1996	Jenny Hall	66.1

#### 70 Meter Dash

<b>2009</b>	<b>Alyson Ramirez</b>	<b>9.12</b>
2003	Chelsea Jensen	9.2
1985	Yvonne Woods	9.3
1991	Tanis Gardner	9.4
2007	Chelsea Love	9.55
2001	Kaleigh Russo	9.63
2007	Kelsey Blystone	9.7
2005	Kelsey Braford	9.7
2001	Beth Tomasunas	9.75
2003	Lara Swidwinski	9.84

#### 200 Meter Hurdles

<b>2003</b>	<b>Magan Antor</b>	<b>30.9</b>
1998	Joy Matthews	31.42
2003	Jenn Konkle	31.48
2004	Mallory Fuhst	31.78
2002	Tomi Tomson	31.83
2006	Chelsea Andrews	31.9
1997	Jodi Bosscher	31.9
1994	Janalee Foxworthy	32.06
2000	Michelle Bluitt	32.15

2002 Jenna Wobma 32.2

2008 M Rider-A Ramirez 1:58.5

M May-B Beuschel

2009 R Humphreys-A Eck 1:58.5

B Plite-J Crane

2001 B Tomasunas-J Berg 1:59.0

T Tomson-J Todd

2002 L McKnight-K Cowden 1:59.7

S Douglass-T Tomson

2008 M Rider-R Shanta 1:59.7

M May-B Beuschel

### 200 Meter Dash

**2003 Lindsey McKnight 27.6**

2000 Heidi Momber 27.8

2006 Chelsea Love 27.81

2009 Jenny Crane 28.03

1992 Saren Gardner 28.5

1996 Karina Shelton 28.59

1987 Deanna Mauer 28.6

2000 Caitlin Hoseth 28.64

2006 Stephanie Hull 28.74

2003 Magan Antor 28.87

### 800 (4x200) Relay

**2003 J Konkle-A Hammerlind 1:53.7**

**M Antor-L McKnight**

2007 C Love-K Blystone 1:54.2

N Klenk-H Love

2001 K Russo-B Tomasunas 1:56.5

H Momber-J Todd

2002 L McKnight-H Jansma 1:57.8

K Cowden-T Tomson

2006 H Love-N Wilson 1:58.0

St Hull-L Bond

2000 C Atwood-T Drzewiecki 1:58.4

M Bluitt-C Hoseth

### 3200 (4x800) Relay

**1999 S Nemecek-H Thompson 10:53.6**

**B VanderJagt-K Carter**

2003 B May-A Smith 10:54.0

C Debski-S Young

2000 Br May-S Rogers 11:09.0

C Debski-S Young

2006 Je Steenwyk-C Trimble 11:12.0

S Russo-E Frederick

2003 Be May-A Vanderlaan 11:13.0

A Smith-C Miller

2002 A Mallory-C Miller 11:13.5

A Smith-A Vanderlaan

2003 B May-C Hill 11:16.0

C Miller-A Vanderlaan

2008 K Matthews-Ky Cnossen 11:17.0

P Urlaub-Ji Steenwyk

2002 C Miller-A Vanderlaan 11:19.8

T Trimble-A Smith

2010 A Wright - S Mabie 11:25.1  
B George - C Teliczan

### 1600 (4x400) Relay

1994 A Scholten-Ji Matthews 4:35.3

H Ingnafol-J Billman

1986 L Libby-W Robinson 4:36.0

P Montgomery-A Thomas

2006 E Frederick-Je Steenwyk 4:41.0

C Trimble-A Kober

1999 H Thompson-M Fish 4:41.1

K Carter-T Tompson

2008 K Cornett-K Matthews 4:42.2

M May-Ji Steenwyk

2004 R Taylor-C Gender 4:42.9

Jo Steenwyk-R Jantz

2007 K Cornett-K Matthews 4:43.0

E Lang-Ji Steenwyk

2009 A Howes-L Annible 4:43.3

S Simons-S McKellar

2007 L Moline-M Heimbaugh 4:44.0

N Klenk-J Houck

2010 B Gee - M Cnossen 4:44.7

A Wright – S Simons

### 400 (4x100) Relay

2001 K Russo-B Tomasunas 55.3

Kr Ingersol-H Momber

2003 L Swidwinski-C Jensen 55.68

A Hammerlind-J Konkle

2000 K Russo-B Tomasunas 55.91

L Valasquez-H Momber

1978 B Martin-G Derck 56.2

A Hubert-A Rider

2004 E Konkle-A Ferrell 56.25

K McNeil-C Porter

2004 E Konkle-K Braford 56.36

K McNeil-C Porter

2009 R Humphreys-Moore 56.46

K Couturier-M Alles

2005 A Schoonmaker-E Frederick 56.56

B Weidenhamer-E Smith

2002 S Raney-A Hammerlind 56.62

K Trimble-C Jensen

2005 K Braford-B Weidenhamer 56.69

E Smith-C Suttner

